

Congratulations!

You have taken the first step on a journey that will show you how to

- provide a valuable service to your visitors and/or community!
- drive 1,000's of visitors to your website!
- start earning \$100, \$300, \$500, or more a month!

You, obviously are a person who has decided to “do something” about their current situation!

The mind-set of so many people is “*just do nothing and something is bound to happen.*”

Successful people know that *if they want their current situation to change then they need to **do something different** then what they're doing right now!*

This is not a “hyped-up”, get-rich-quick; make \$10,000 in 10-minutes program! I am not going to make that promise to you, because like you, I've fallen victim to it, too many times.

The information I provide in this report will systematically guide you through a ***plan of action*** that “**will**” put money in your pocket. The **key** is implementing the plan and following through on it.

Many people – me included, sign-up for a program, follow a few steps, and then sit back expecting the checks to start pouring in – Ha! I wish there was a program like that, but there isn't.

It takes work – that's right the dreaded four-letter word – WORK!

Wouldn't it be nice to do the work now and then be able to relax later?

Wouldn't it be nice to do the work now so you could pay off some debt, start a college fund, and build up a retirement account?

Wouldn't it be nice to be your ***Own Boss!***

There are millions of people who want these same things out of life. They know what they want (*goal*), but they have no idea of how to get there (*plan of action*). In order to be successful you ***MUST*** have both – a **Goal** and a **Plan of Action!**

Only **YOU** can decide what your **GOAL** is going to be!

Whatever your **Goal** – if you work this action plan – it will work for YOU!

The information provided in this report will give you a ***Plan of Action*** – I call it the “***Simple Income System.***”

Before we go any further make this commitment:

“I commit to working this program for the next 90-days to achieve my goal of....(insert your goal here)...”

Write it down, tape it to your mirror, carry it in your pocket, and repeat it to yourself – your goal must be your **motivation!**

Your **motivation** is what will drive you to follow the plan of action when you could be sitting in front of the TV doing what you’ve always done.

This is not a program that will consume all of your time. The key is finding the time that is **best for you** and then committing to doing it on a consistent basis.

That is the beauty of this program – it is flexible enough to “fit” *your time schedule, your lifestyle.*

Whether you can commit to 10, 20, 30, 60-minutes a day or more or twice a week - this program WORKS as long as you are consistent.

Are you motivated?

Ready to move on to the program?

Let’s go...

To earn a monthly income on the Internet you need to provide a valuable service to your visitors. The information provided here **will** provide a valuable service to your visitors and to your community (virtual or real).

The service has to be of such a value to your visitors that they **bookmark** your site and **return** often to use it. In doing so – you – the service provider earn \$\$ each time they visit.

The service I recommend is FREE to your visitors!

Action Step 1:

Sign-up as an affiliate at [Adlandpro](#) (*this is a Free affiliate program*)

Why Adlandpro?

Adlandpro has been offering FREE and paid advertising services to small businesses since 1996. If you are interested in free promotion, free advertising, marketing or networking, then it is the

right place to be. Adlandpro has the most complete and most affordable advertising solutions for small businesses and home entrepreneurs.

Look at the benefits you receive by signing up with [Adlandpro](#) (*this is **without** becoming an affiliate – affiliates get additional benefits*):

You can do following on Adlandpro **at no cost to you**:

1. **Place your free ads** in our classifieds and community pages (\$2.50 value)
2. **Place your free ads** in our Free Traffic Exchange (120,000 users) (\$2.50 value)
3. **Free subscription** to our "Adland Digest" Newsletter (\$5.00 per month value)
4. Obtain **free leads** for your business using our community system (\$5-\$10 per lead value)
5. **Earn big money** with our affiliate program (up to \$10,000/month)
6. Participate in discussions to learn more about marketing and promotions through the Adland Digest (\$5.00 per month value)

[Sign up now](#) and receive **\$25 in value free** + up to \$10,000 in affiliate earnings

As a new member of Adlandpro Affiliate Network, you are automatically eligible for up to 25% commissions (30% for [Gold Members](#)) for any advertising options sold at Adlandpro.

In addition to that you will be eligible for traffic bonuses. You can earn \$5 US for each 1000 traffic credits earned from your link and \$2 US for each 1000 traffic credits earned from affiliates who joined from your link.

Here are additional benefits regarding the FREE promotion of your Ad when you place a link or create your own custom page:

1. For each hit to Adlandpro through your link, your ad will be displayed 3-times on top of Adlandpro pages and flash pages.
2. For each hit to Adlandpro through your custom page, your ad will be displayed 5-times on top of Adlandpro pages.
3. For each new link resulting from a click to Adlandpro, your ad will be displayed 50-times.
4. Adlandpro can be customized immediately so it will look like your site. Copyright information and all links will refer to your system. You can market and promote it as your own Classifieds!

Do you see the “Power of this System?”

The service you provide through Adlandpro will:

- Bring a targeted audience to your site
- Establish a lasting relationship with your audience
- Make your visitors return to your site over and over again
- Make **good income** from promoting this service

This is exactly how I earn money on a monthly basis – by providing a valuable service to my visitors, which in turn earns me traffic credits and...

Traffic Credits = \$\$\$\$ in my pocket and yours!

Trust me – it works and many of the visitors to my [custom classified page](#) (provided free by Adlandpro) pay for additional advertising options earning me more \$\$\$.

Ok – if you haven't done so yet, Sign up as affiliate at [Adlandpro](#).

Check your email for your Welcome/Acceptance letter.

Follow the instructions as outlined in the email and you'll be up and running in less than 10-minutes.

IMPORTANT: You will need to confirm that your link has been placed!

If you have any questions or need any assistance of any kind please don't hesitate to [contact me](#). I am here to mentor you in this program.

I highly recommend that you create a custom page. It creates a professional image for the services you offer & it helps you earn more money in this program.

If you don't have a website you can create one for [Free Website Creator](#).

Action Step 1 is now complete and it's time to start earning Traffic Credit and \$\$\$.

Action Step 2:

Build a Traffic Generating System that will send 1,000's of visitors to your website.

This system that I'm about to share with you is one of the **most amazing, yet simple marketing systems** ever developed.

It works for everybody!

This is how I get 1,000's of hits each and every day to my website for free - and you can too!

*If you take the time to set up this simple system,
you can count on receiving a steady flow of traffic to your site,
which in turn will build your list and put more \$\$\$ in your pocket!*



REMEMBER!

“What I am sharing with you is completely FREE and will work – if you work the plan!”

Don't Give Up and commit to at least 90-days!

We are going to utilize the power of Free Traffic Exchanges to drive traffic to our [customized classifieds](#) website on a daily basis!

For those of you who don't know what traffic exchanges are, **they are website(s) that reward you for viewing other member websites, by showing yours on their network.**

The more websites you view the more credits you earn and the more your website gets visited. Each traffic exchange is unique and will have specifics on what their click/view ratio will be, some will have a 1:1 (for each site you visit your site will be visited), and others will have a 2:1 (for every 2 sites you visit your site will be visited once) Each traffic exchange will differ in one way or another but they ***all work on the same principle*** so it's important to become familiar with each exchange in the this incredible system.

Okay. Let's get started?

99% of the people using FREE Traffic Exchanges are using them wrong!

The majority of people try to advertise their business opportunity or other programs right away. In most cases it doesn't work.

Why?

You've got 30-seconds or less to “Grab” a Surfer's attention!

So, the only page you should be promoting at first is an Opt-in Page (also known as a Squeeze or Splash page). A good Opt-In page WILL create sign-ups and visitors to your website on a consistent basis (how did you arrive here?).

Here is an example that you are free to copy. Just make sure you change the information to yours (*more information will be provided later on how to create an opt-in page*)!

<http://www.preferredpromoz.com/samplepage.html>

I get sign-ups on a daily basis using an Opt-In page on the Free Traffic Exchange system outlined here. It will be the same for you – it works!

IMPORTANT: Make sure to follow every step carefully and completely.

You will learn how to:

1. Generate credits on each of the different traffic exchanges.
2. Develop referrals and create new sales leads by replicating this Traffic Generating system.
3. Put it all together so the system operates for you automatically.



REMEMBER!

This system is designed to work in conjunction with the Adlandpro Affiliate program. However, once you learn the system and put it into use you can use for any program!

1) Download the [FireFox browser](#). It is a very secure browser and allows you to surf multiple websites at one time – allowing you to rack up Traffic Exchange credits in a short amount of time (Internet Explorer 7 now has the capability to open multiple websites or tabs in one window allowing you to surf multiple pages at once). If you have Firefox already installed on your machine skip this step.

FireFox is a powerful Web browser. It has the ability to open multiple sites simultaneously inside a single browser task pane.

It also has a free Smart Popup Filter - it blocks errors and pop ups and has lots of features! It's the most versatile browser I have used and makes possible the Traffic Generating System. See the help tab for more tips.

Multiple pages can be saved as a GROUP in the Bookmarks and reopened together. Go ahead and download the [FireFox browser](#) now.

2) Below is a list of the [Traffic Exchanges](#) I use to generate 1,000's of hits a day. Click on the links below to join these programs. If you're already a member – Great! Just use the links you already have.

IMPORTANT: When you join each of these programs, make sure you save all of the URL's into a word processing, notepad, or spreadsheet program (referral & start pages).

For instance I save them like this in a word document:

Name of Traffic Exchange

Referral Link: <http://www.linktheysendme.com/ref?=netbizman>

Surf Link: <http://www.linktheysendme.com/surf?=netbizman>

Username: whatever

Password: whatever

It is best to try and use the same username & password with each Traffic Exchange to make it easier on you and keep it simple!

One of the keys to success with this system is duplication. You want to drive visitors to your Opt-in page so they sign-up into the system and you want to drive visitors to your customized Adlandpro Classified page to start earning affiliate commissions.

When first starting out I recommend that you use 8 of the 11 Traffic Exchanges to promote your Opt-In page and the other 3 to promote your custom Adlandpro Classified page. The quickest way to earning bigger commissions is to get more people using your system. Then it becomes a virtually automatic money generating system (*until you create your own custom Opt-In page I recommend making your Adlandpro Classified page the target url for the traffic exchanges*).

Start joining the Traffic Exchange programs below (email me if you any questions jeff@preferredpromoz.com):

[The Adlandpro Traffic Exchange Program](#). Drive traffic to your business by putting it in front of nearly 130,000 Active Users! (Just login to using your affiliate username and password).

[TrafficSwarm](#) - one of the best delivering targeted prospects. Just 5-minutes to set up, *automated, viral, and proven!*

[TrafficRoundup](#) - Top traffic exchange, excellent service, recent makeover with lots of added features!

[FastFreeway](#) - Promote unlimited websites, easy downline builder!

[WebBizInsider](#) - Steady, reliable, easy surf & click features along with other opportunities to earn credits. This one is a definite winner and one I've been involved with for several years. *Great prices too on buying downlines!*

[HitSense](#) - great exchange and downline builder 2x5 matrix. I will help you build your downline.

[ClickingCrazy](#) - lot's of offers!

[Hitharvester](#) - surf for credits, cash, and banner impressions!

[Startxchange](#) - fantastic credit and downline builder.

[TrafficG](#) - five excellent services on one site!

[Hit Safari](#) - #1 Site, great features earn cash and build your list fast!

Here's one of the fastest ways to organize your Surfing URL's.

Open up the document you stored all of your URL's in and copy and paste the first URL into your browser address bar then hit enter.

Once the surf page loads add it to your favorites (create a folder in your favorites called Traffic Exchanges). Do this for all eleven traffic exchanges. Now, you have them all in an easy to find location.

When you start your browser you can click on favorites, go to your Traffic Exchanges folder, right-click on it, and open all tabs in a tab group. All of your Traffic Exchanges will open on one screen allowing you to surf them all at once! When the timer is counting down on one page you can be clicking on the next page and so on – generating multiple credits on all eleven exchanges. You would be surprised at how many credits you can earn in just a short amount of time.

Visit the links below to learn about tab browsing:

[http://kb.mozillazine.org/Mozilla Suite : Tips : Tab Browsing](http://kb.mozillazine.org/Mozilla_Suite:_Tips:_Tab_Browsing)

<http://www.microsoft.com/windows/products/winfamily/ie/default.msp>

Even without referrals, working these 11 traffic exchanges will generate a large amount of traffic.

Add the traffic you can generate by duplicating this method with referrals and you are talking MAJOR STREAMS of FREE TRAFFIC! Also while building your downline/referrals they will earn you credits, especially when using this system - it's a knockout!

This is what 99% of the people using Free Traffic Exchange miss! They miss the opportunity to capitalize on the power of this system!

What I am teaching you here is a method **10 TIMES MORE POWERFUL** than any of the others, in that it provides a way for you and all of your referrals you instruct in replicating it to generate 10 times the traffic.

Let's have a quick review:

Action Step 1: Sign up for [Adlandpro's](#) Affiliate program.

Action Step 2: Build your Traffic Generating System

- Sign-up for the Free Traffic Exchange programs
- 8 of the 11 programs should target your Opt-In page the other 3 your custom classified page from Adlandpro.

If you've made it this far...Congratulations!

Go ahead and start surfing the exchanges and get a feel for how they operate – plus you'll generate credits & \$\$ at your classified page.

Try to surf a minimum of 30-minutes a day. This will send consistent traffic to your Opt-In page & Adlandpro page generating \$\$\$\$ and leads.

Keep Pressing On – Success is Yours! I know that this is a lot of information to dump on you, but if you persevere and accomplish what's listed one-step-at-a-time you will achieve success.

Action Step 3: Create an Opt-In Page that includes an Autoresponder Form.

Opt-In pages are the keys to success in working the free traffic exchanges. You need to make them simple & enticing with an offer that draws a person in and makes them willing to give you their name & email address. Then, your autoresponder does the rest by providing prompt and timely follow-up on how to build the Simple Money System.

The Opt-In pages linked below are a couple of examples of ones I use. Feel free to copy them and use them yourself.

The steps outlined below will guide you through setting up your own Opt-In page:

- Create a folder on your desktop and name it “OptIn.” This will be the folder you save all of your information for creating your Opt-In splash page to build your business.
- Click here for your sample [Opt-In Splash](#) page template (*this is just one example of what you can do. This one has proved to be successful for me, but feel free to create your own.*)
- Right Click on the page and scroll down to “**View Source.**” This will open a “**Notepad**” window containing the source code for the Opt-In Splash page.
- Click on “**File**” and “**Save as**” name the file “**index.html**” (*if you're going to host this on your own server with your current domain then give it a different name like optin.html or splash.html or whatever you choose to name it*). Save the file in your “**OptIn**” folder created earlier.

Now you're just about ready to “duplicate” the simple income system.

A couple of things are left to do, like modifying the html and autoresponder code to your information and upload the file to your server. If you're familiar with modifying html code and/or know how to enter your autoresponder information then go ahead and change the file now. If not we'll discuss how to do it in the next few steps.

A free Autoresponder is available at [FreeAutobot](#)

Once you build up your system you will want to upgrade to [GetResponse](#).

Create your account with the appropriate Autoresponder and get your form information.

Once you have it copy and paste it into a notepad file named “**Autoresponder Code**” save it into your “OptIn” folder located on your desktop.

Next – open your “index.html” (*or whatever you named your opt-in page*) using notepad and look for the following information:

```
<!-- Insert your Autoresponder Code Here -->
```

```
<FORM action=http://freeautobot.com/cgi-bin/autores/autores.cgi>
```

```
<P align=center>
```

```
<INPUT type=hidden value=add_lead_external name=do>
```

```
<INPUT type=hidden value=netbizman name=Username>
```

```
<INPUT type=hidden value=Active name=Stop_Status>
```

```
<INPUT type=hidden value=0 name=Cycle_Number>
```

```
<INPUT type=hidden value=http://www.website-to-redirect-subscribers.html  
name=Success_URL>
```

```
<INPUT type=hidden value=http://freeautobot.com/Failure.html name=Failure_URL>
```

```
<INPUT type=hidden value="Added from opt-in form" name=Notes><table border=0  
cellspacing=0 cellpadding=2><tr><td><font size="2" face="arial, verdana">
```

```
<!-- End of Autoresponder Code -->
```

Copy and paste your Autoresponder code between the two comments above in your Opt-In page and save as “index.html” or whatever name you wish.

Don’t forget to change the website for Success URL (*written in red above*) to the page you want to redirect subscribers.

Congrats! Your Opt-In/Splash page is complete. Remember, this is just an example, you’re free to create your own – do it – experiment and see what happens.

Let’s Recap –

- You’ve signed up for the affiliate program at Adlandpro.
- You’ve signed up for the Traffic Exchange programs and started your “hit system.”
- You’ve signed up for an Autoresponder and created your own Opt-In page.

One of the only things left to do is upload your Opt-In page to your server. If you already know how to do this then do so at this time.

If not, follow the steps outlined below.

- 1) Sign-up for a [Free Website](#) (get your sign-up information that was sent in an email and log into your account).
- 2) Once you log into your account click on the “**Websites**” tab.
- 3) Click on “**Build a New Website.**”
- 4) Click on “**Use a Subdomain**” and enter a name (<http://yourname.bravenet.com>)
- 5) Once it’s created click on your website address and then click on “**File Manager.**”
- 6) You should see a file named “**index.html**” to the right of it click on “**edit.**”
- 7) Open your Optin page (index.html or whatever you named it) located in your Optin folder, right click and view source, click on “**edit**”, **select all**, **edit**, and then **copy**.
- 8) Now back at your Bravenet website on the edit screen delete the default coding and paste what you’ve just copied into the screen.
- 9) Click save (diskette icon located in L/H corner).
- 10) Click on “**manage websites**”, then view.

Congratulations! You’ve just created your Opt-in page that will sign-up people into your program and Build your List!

Success is at hand! Go to your Opt-In page and make sure it loads. Awesome!

IMPORTANT: Verify that your opt-in sign-up form works by signing up with your own email address!

Okay, today we put it all together and start generating massive traffic to your website!

Now – log-in to all of your Traffic Exchange programs – one at a time and redirect 8 of them to your Opt-In page you created. Leave the other 3 directed to your customized classified page.

Turn your simple money system On – start surfing your Traffic Exchanges.

Commit to surfing at least 30-minutes a day and commit to 90-days of working this program.

Watch what happens! You’ll start getting sign-ups through your Opt-In site, which in turn results in sign-ups to your Classified page and Traffic Exchanges, which results in more \$\$\$ in your pocket.

If you have any questions or need assistance in setting up this system – Please don’t hesitate to contact me. My contact info is displayed below.

Press On To Success!

Jeff Melvin
Free Classifieds Netpreneur

P.S.

I almost forgot...once you complete your sign-up with Adlandpro and the Traffic Generating system send me an email at jeff@preferredpromoz.com with all your referral ID's and I will create this same ebook for you with your referral ID's in place so that you can duplicate the system.

Feel Free to copy this book – distribute it or break it up into short segments that can be delivered over a period of days through your autoresponder. Contact me with any questions at anytime.